7th & 8thth Grade Intramural Track- 2019

The intramural track program will take place for 7th/8th graders starting **Monday, April 22nd** and running through **Tuesday, May 21st**. Students will walk/run to Ingersoll (OHS) each day for their practice which takes place from **3:00 -4:30 pm**. Following practice, students will walk/run back to WMS for parent pick-up. (Those students walking home directly from Ingersoll Stadium will need to have the bottom portion initialed.) We will have a track meet with Reeves on Friday, May 10th and the all district culminating track meet on Tuesday, May 21st. Both track meets are at the Olympia High School track, and begin at 4:00pm. Athletes should wear only athletic shoes. NO spikes are allowed! There is no fee for intramural sports and no sports physical is needed for track. **PARENT VOLUNTEERS ARE NEEDED FOR TRACK MEETS: PARENTS PLEASE SIGN BELOW IF YOU ARE AVAILABLE.**

Students who choose to participate must have the following permission slip signed and returned before they will be allowed to practice. Students must attend at least five complete practices in order to fully participate in the track meets.

Please return the bottom of this form to the WMS main office.

GRADE_____ Date______Signed______

My child, _______, has my permission to participate in the intramural track program at Washington Middle School. It is understood that appropriate participation and behavior are expected and that students who do not meet behavior expectations, with warnings, may be asked not to return to the program. I expressly recognize that my child is responsible for his/her behavior and that all school rules of conduct apply while participating. Further, I indemnify and hold the Olympia School District harmless from any claim not resulting from the fault of the District.

I am available at 3:30 on May 10th & May 21st and "I am willing to volunteer".

Phone Number/ email to contact for confirmation:

Phone Number in case of Emergency ______

_____My child has permission to walk home directly from OHS/Ingersoll Stadium after practice each day. (Please Initial)